



**Eckankar**

The Path of Spiritual Freedom

**All ECK events and activities are suspended through May 31, 2020**

*People with a high state of consciousness are not frozen into inaction by terror bought about through disasters.*

*They immediately make a plan to turn the negative energy to advantage. At this level of creative imagination, Soul is in a condition of survival.*

*The lesson of the worlds of matter is to develop Soul's ability to ride the crests of life. This is the vairag, detached love.*

Harold Klemp, *The Language of Soul*, p. 65



Harold Klemp  
Spiritual Leader of Eckankar

# NSW & ACT Public Events

## April—June 2020

Sydney  
Canberra  
Wollongong  
Blue Mountains  
Hunter Region  
Mid North Coast  
Far North Coast

[eckankar.org.au](http://eckankar.org.au)

## Download your FREE HU App.



- **LISTEN** to thousands of people singing their love for God (twenty-minute audio recording).
- **WATCH** an uplifting video about the HU and how to recognize miracles in your life.
- **TRY** spiritual exercises for purification, balance, and building spiritual stamina.
- **LEARN MORE** about HU and Eckankar. Anyone can sing HU, regardless of age, background, or religion. It is a simple technique that can be used as part of your daily spiritual practice. It has the power to uplift you spiritually for inner peace, healing, and insight.

This App is presented by Eckankar for people of all faiths. It is a gift to you, and for anyone looking to experience more divine love in life.



### Eckankar Contact Information

**ACT** (02) 6258 5446  
[eckankar@mac.com](mailto:eckankar@mac.com)

**NSW** (02) 9212 2100  
[eckinfo@email.com](mailto:eckinfo@email.com)

[eckankar.org.au](http://eckankar.org.au)

**QLD** (07) 3394 1974  
[eckankarqld.org.au](http://eckankarqld.org.au)

**VIC** (03) 9532 0523  
**TAS** (03) 6369 5227

**WA** 0466 120 038  
[eckankarwa.org.au](http://eckankarwa.org.au)

**SA** 0423 186 213

**Website: VIC, TAS and SA**

✉ [info@eckankarssa.com.au](mailto:info@eckankarssa.com.au)

🌐 [eckankar-essa.org.au](http://eckankar-essa.org.au)

## ECK Light and Sound Service

The ECK Light and Sound Service is an event offered by Eckankar for spiritual seekers of all faiths and backgrounds.

It is an uplifting event where you can reflect on and connect with the divine aspect within yourself.

This service offers you the chance to explore your own relationship with the Light and Sound, these twin aspects of Divine Spirit, which are already present in your everyday life.

The service is a blend of shared insights, and contemplative exercises to have your own experience of the Light and Sound.

### Sydney 11:30 am - 12:30 pm

Darling Square Library

The Exchange, Level 1

1 Little Pier Street, Haymarket

Sunday 14 June

**Is Life a Random Walk?**

For more information: ☎ (02) 9212 2100



Darling Square Library

### Canberra 9:30 – 10:30 am

Majura Venue, Rosevear St, Dickson

Sunday 12 April

**Dreams a Source of Truth**

Sunday 10 May

**Was That a Gift from God?**

Sunday 14 June

**Recognising the Blessing of Animals  
-They Teach Us About Divine Love**



For more information: ☎ (02) 6291 6419

## HU—Experience the Sound of Soul

*Is to experience the sacred rhythm of HU*

This ancient word is woven into the language of life and when chanted can bring an inner peace and calm. After a short inspirational reading, experience a 15-20 minute HU chant, an ancient, sacred, universal name for God, with quiet contemplation, followed by relaxed, open spiritual conversation.

### CANBERRA

#### Sound of Soul event

Corroboree Park, Community Centre  
2 Paterson Street, Ainslie

Friday 6:00 - 7:00 pm

10 April

8 May

12 June



For more information: ☎ (02) 6291 6419

*The spiritual life is an active one.*

*We recognise that each experience that comes our way is spiritually instructive.*

*If someone needs our help,  
we do what we can to the best of our ability.*

Harold Klemp, *The Language of Soul*, p. 54