



## Download your FREE HU App

- LISTEN to thousands of people singing their love for God (twenty-minute audio recording)
  - WATCH an uplifting video about the HU and how to recognize miracles in your life
  - TRY spiritual exercises for purification, balance, and building spiritual stamina
  - LEARN MORE about HU and ECKANKAR
- Anyone can sing HU, regardless of age, background, or religion. It is a simple technique that can be used as part of your daily spiritual practice. It has the power to uplift you spiritually for inner peace, healing, and insight.

This app is presented by ECKANKAR for people of all faiths. It is a gift to you, and for anyone looking to experience more divine love in life.

*The secret of a balanced life is to live each moment in the right spiritual frame of mind.*

—Harold Klemp, *The Language of Soul*, p. 13

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<https://www.meetup.com/en-AU/EckankarNSW>

**eckankar.org.au**

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# NSW & ACT Public Events

## April - June 2019

Sydney  
Canberra  
Wollongong  
Blue Mountains  
Hunter Region  
Mid North Coast  
Far North Coast

[eckankar.org.au](http://eckankar.org.au)

**ECKANKAR**  
The Path of Spiritual Freedom



2019 ECK Springtime Seminar Internet  
Broadcast of Sri Harold Klemp's Talk

### Sunday 19 May

1:00 – 3:00 pm

**Ultimo Community Centre**  
(Ground Floor)

40 William Henry St, Ultimo

All Welcome!

To attend this free viewing of  
Sri Harold Klemp's talk from the recent  
Eckankar Springtime Seminar  
in Minneapolis.

The spiritual leader of Eckankar  
shares practical ways to live the spiritual  
life to its fullest potential.



Sri Harold Klemp  
Spiritual Leader of Eckankar

## ECK LIGHT and SOUND SERVICE

The ECK Light and Sound Service is an event offered by Eckankar for spiritual seekers of all faiths and backgrounds.

It is an uplifting event where you can reflect on and connect with the divine aspect within yourself.

This service offers you the chance to explore your own relationship with the Light and Sound, these twin aspects of Divine Spirit, which are already present in your everyday life.

The service is a blend of shared insights, and contemplative exercises to have your own experience of the Light and Sound.

**Sydney 1:15 – 3:00 pm**

**Ultimo Community Centre** (Ground Floor)  
40 William Henry St, Ultimo

**Sunday 9 June – [Does God Answer Your Prayers?](#)**

**Canberra 9:30 – 10:30 am**

**Majura Venue**, Rosevear St, Dickson

**Sunday 14 April – [Animals and Divine Love](#)**

**Sunday 12 May – [Discover the Art and Science of Soul Travel](#)**

**Sunday 9 June – [Change and Spiritual Growth](#)**



## WORKSHOP

You are invited on a Spiritual Journey

**Saturday 13 April, 10:00 am – 1:00 pm**

**Ultimo Community Centre** (Ground Floor)  
40 William Henry St, Ultimo

### Program Highlights

- [Experience the Sound of Soul](#)
- [Workshop – Fulfilling Your Dreams as the Awakened Soul](#)



## Experience the Sound of Soul

Is to experience the sacred rhythm of HU.

This ancient word is woven into the language of life and when chanted can bring an inner peace and calm.

After a short inspirational reading, experience a 15-20 minute HU chant, an ancient, sacred, universal name for God, with quiet contemplation, followed by relaxed, open spiritual conversation.



**Port Macquarie 1:00 – 2:30pm**

**Sunday 14 April | Saturday 4 May**

**Emerald Downs Community Centre**  
Lighthouse Plaza, Ocean Dr, Port Macquarie

**Maitland 10:00 – 11:15 am**

**Thursday 9 May | Thursday 13 June**

**East Maitland Library - Greenhills**  
3 Garnett Rd, East Maitland

**Casula 11:00 – 12:30 pm**

**Sunday 30 June**

**Casula Powerhouse Arts Centre, 1 Powerhouse Rd, Casula**

